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Verses For Men: Color The Bible:
Adult Coloring Books Stress
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# **Synopsis**

This Christian adult coloring book is perfect for any man looking to build a stronger relationship with Christ. This book is printed on high quality paper and includes a beautiful matte finish cover design. This inspirational adult coloring book includes 35 designs, with difficulty ranging from beginner to advanced, offering an opportunity for reflection and receiving encouragement from God's Word while you lose yourself in the tranquility of coloring. Whether using it for personal worship or in a group setting, Color The Bible: Verses for Men is a great tool to grow your faith through creativity!

### **Book Information**

Series: Unique Coloring Books & Funny Coloring Books For Adults Relaxation & Funny Coloring Books For Women & Humorous Coloring Books & Anti Stress Relief Calm Coloring Book & Mandala Coloring Book & Color Therapy Hilarious Zen Art Therapy & Adult Coloring Books Sets Animals Flowers Creativity Tranquility

Paperback: 66 pages

Publisher: CreateSpace Independent Publishing Platform (May 28, 2016)

Language: English

ISBN-10: 1533446954

ISBN-13: 978-1533446954

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â See all reviews (32 customer reviews)

Best Sellers Rank: #618,667 in Books (See Top 100 in Books) #57 in Books > Arts &

Photography > Drawing > Coloring Books for Grown-Ups > Cities & Architecture #234 in Books >

Arts & Photography > Drawing > Coloring Books for Grown-Ups > Humorous #310 in Books >

Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational

### Customer Reviews

Being a pastor can be very stressful. They work long hours, have an endless to do list, are constantly dealing with conflicts within the church (both congregants and with the administration) and rarely get the breaks they require for their sanity. But the hardest part isnâ ™t always the hours or work itself, it is often the giving of themselves to others constantly. They love the people of the church and their hearts break a little whenever there is a death, or illness, or divorce etc. They are the ones being leaned on, and often do not get to do the leaning themselves. They also have to deal with all the stress and heartache while living in a â œglass houseâ • where they are expected

to be perfect and always available to everyone for anything. It isnâ ™t easy being the pastor. Anything one can do to ease the stress should be done, and this is a great way to do it. Research has proved that anxiety levels drop when coloring (not doodling, coloring) and I myself can attest to that, having done a lot of coloring in books myself. When I saw this coloring book, I knew that it could be extremely helpful for my husband (the pastor) and even those who are seeking his counsel. For some reason, it is easier to get someone to open up and be honest when they are focused on a distraction. The pictures in this book are a little more simplistic than the mandala circles, or the intricate floral patterns. This can be a good thing, sometimes the chaos of all the details can be overwhelming. The focus of each page here is the verse, which I find refreshing. The pages are only printed on one side (I will never understand why some adult coloring books are printed on both. I mean, really?) and the pages are fairly thick. He did experience some bleeding through, but it wasnâ ™t terrible.

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